



# Yoga Retreat CRETE, GREECE

October 14 to 21, 2011

## The Healing Art of Ashtanga Vinyasa Yoga

with Ron Reid & Marla Meenakshi Joy

[www.swaha.ca](http://www.swaha.ca) | [www.downwarddog.com](http://www.downwarddog.com)

Come join us for an invigorating week on the beautiful island of Crete, in Greece!



Dive into the depth of your practice, and the depth of the Aegean Sea, to restore, renew and expand your experience of your inner most self and extend your summer with the warming touch of the Greek sun.

We will be staying at the Kreta Shala. For full accommodation details and information on the surroundings visit the Kreta Shala website [www.kretashala.de](http://www.kretashala.de)

**COST:** \$1,500 CAD (plus hst tax), which includes all yoga classes, accommodations and food. Travel costs are extra.

**DEPOSIT:** A non refundable \$440 CAD (plus hst tax) deposit is required to reserve your spot.

**REGISTRATION:** To register, or for more information please contact Ron Reid and Marla Joy by email at [info@swaha.ca](mailto:info@swaha.ca)

**STUDENTS OUTSIDE OF CANADA:** Please contact Viveka Blom Nygren by emailing [viveka@atmajyoti.se](mailto:viveka@atmajyoti.se) to register.



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